

Curbside Care: Bringing Comprehensive Postnatal Care to the Doorstep

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Background

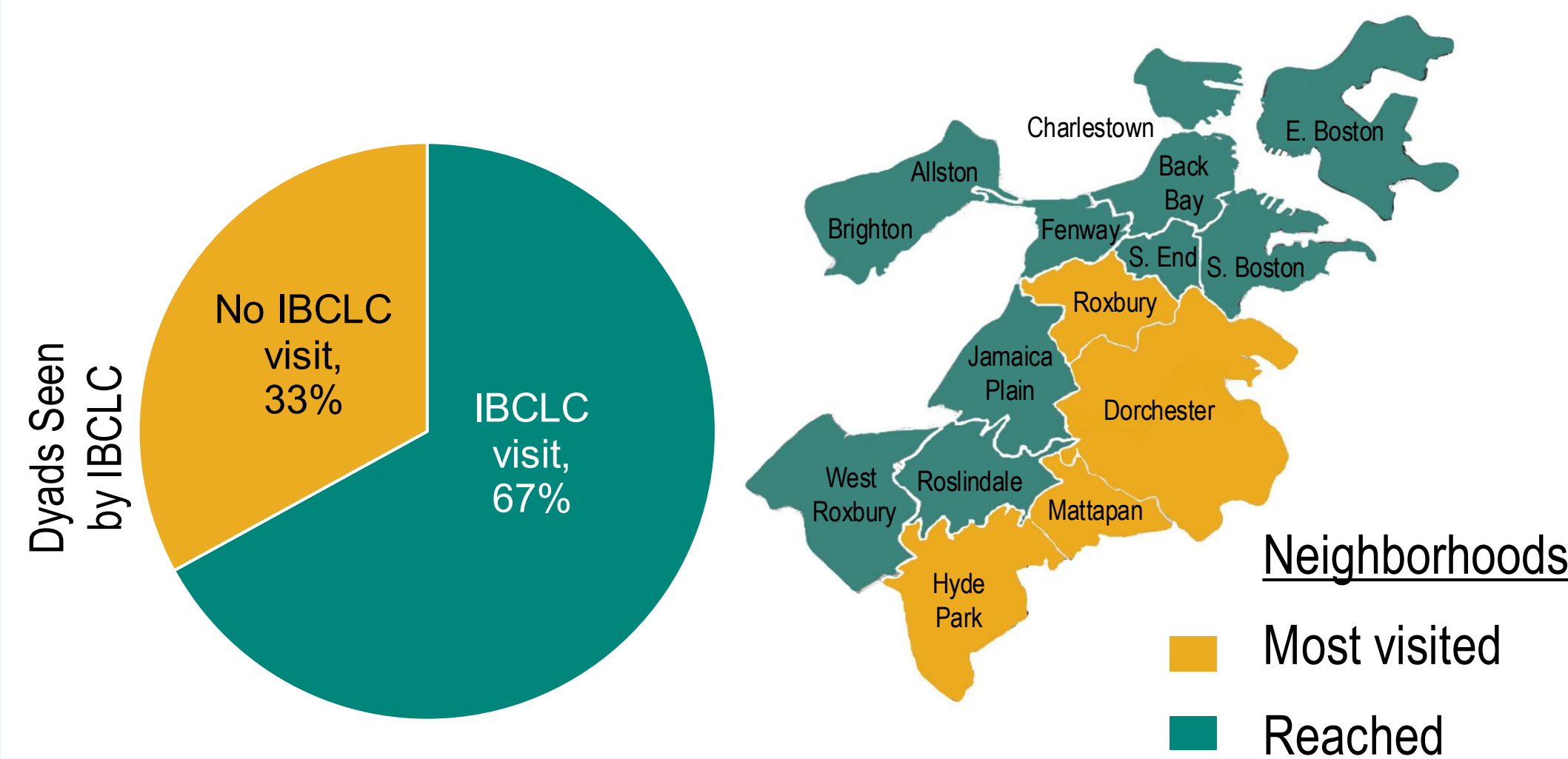
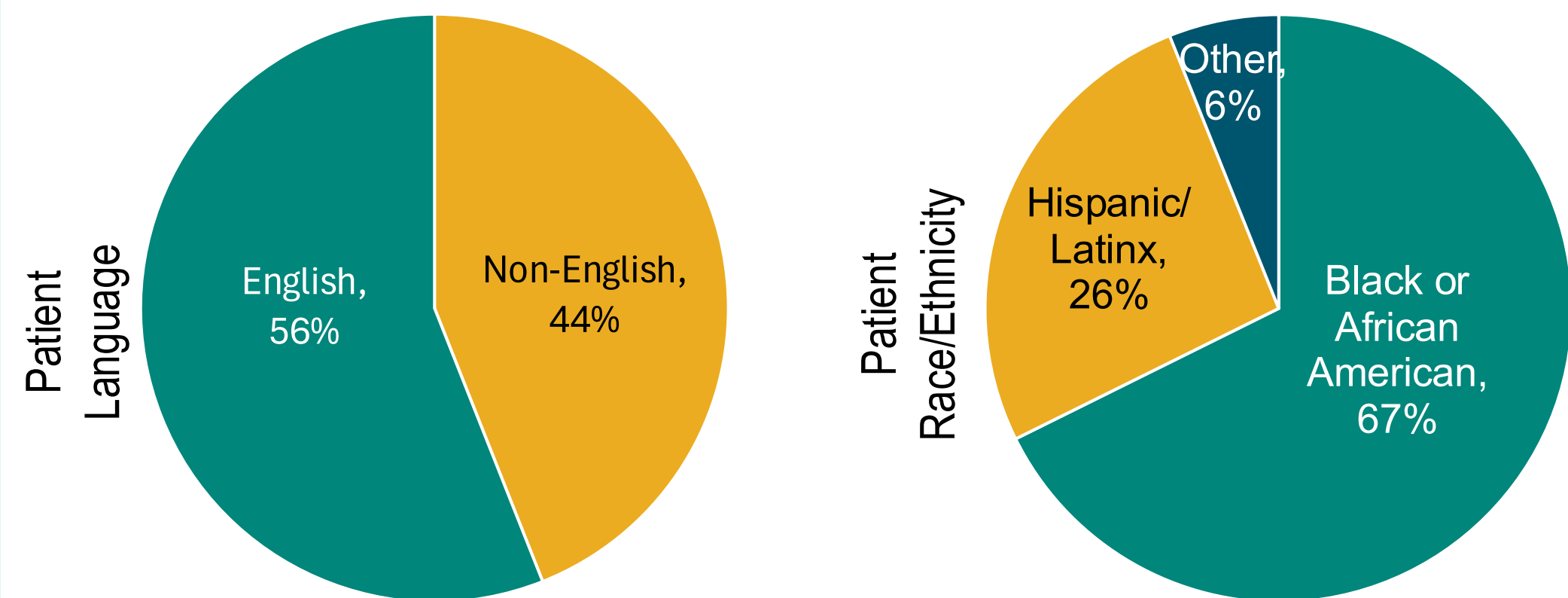
- The postpartum period is a time of significant medical and psychosocial vulnerability, particularly for birthing persons of color.
- In the traditional U.S. medical model, postpartum follow-up is often delayed for six weeks, despite the American College of Obstetricians and Gynecology's recommendation for a visit within three weeks.
- Pediatric and obstetric care are siloed, access to lactation support is extremely limited.

Curbside Care is an innovative mobile model of dyadic care addressing these challenges.

Eligibility & Recruitment

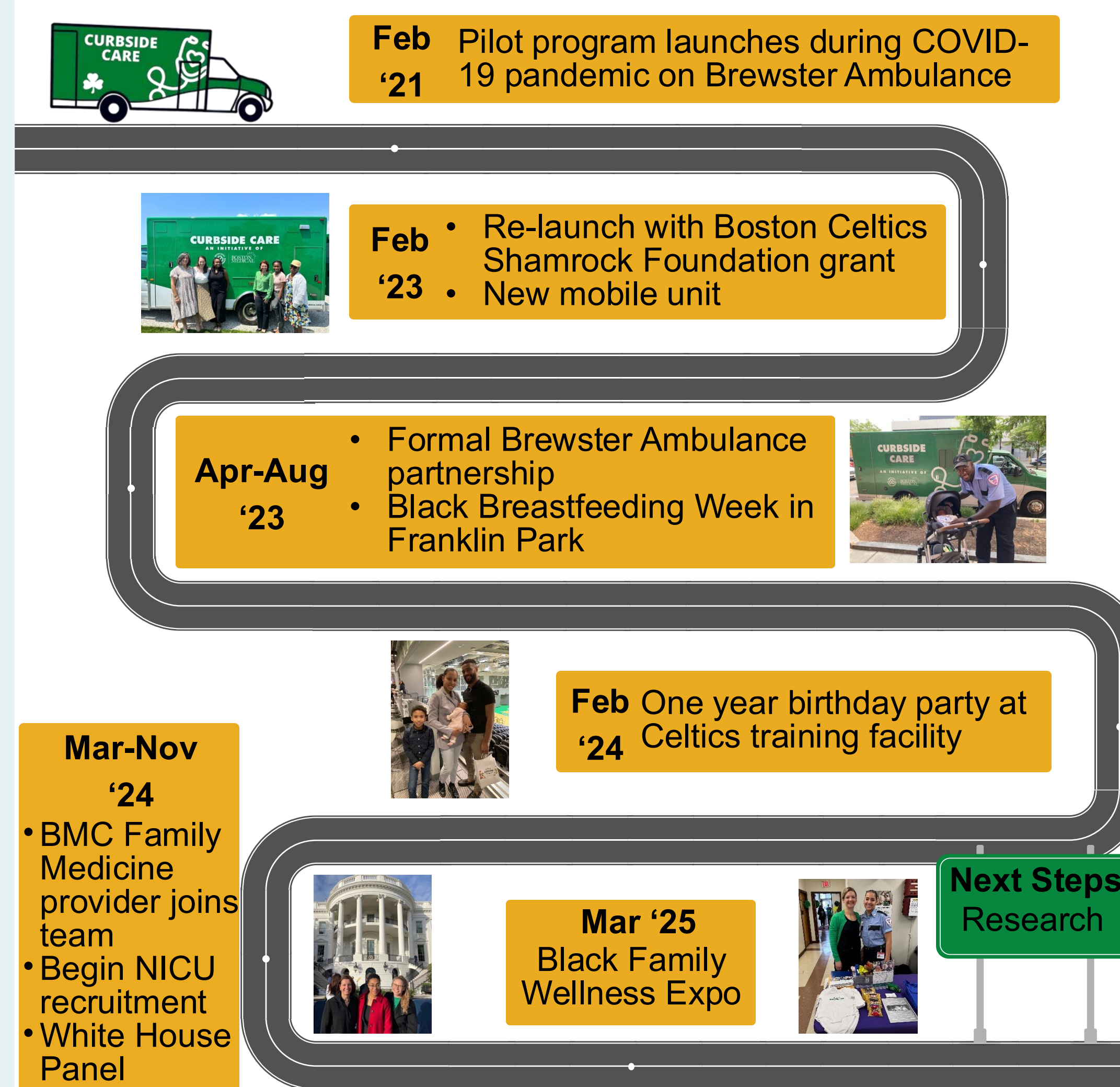
- "Universal Touch": Family lives in Boston and receives care at BMC
- Eligible birthing persons recruited prenatally by a Community Wellness Advocate (CWA)

Results



Between 2021-2025, Curbside Care completed a total of 2860 mobile visits from: a nurse practitioner, midwives, physicians, an International Board Certified Lactation Consultant (IBCLC), and a CWA.

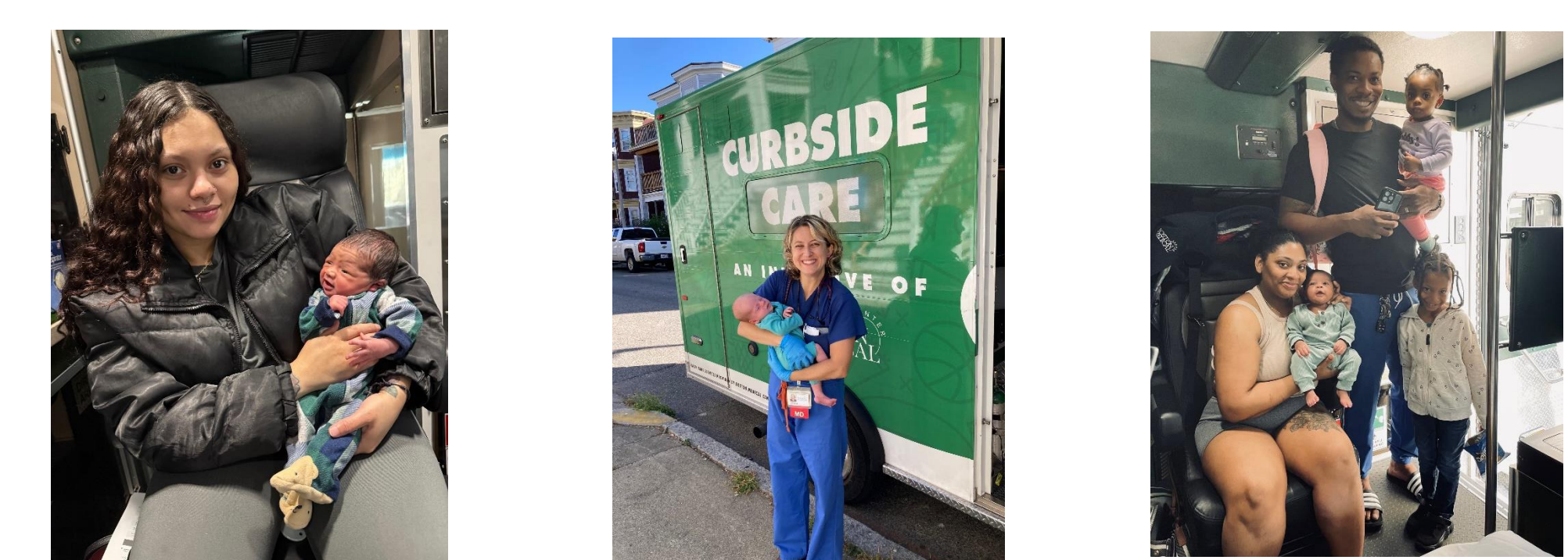
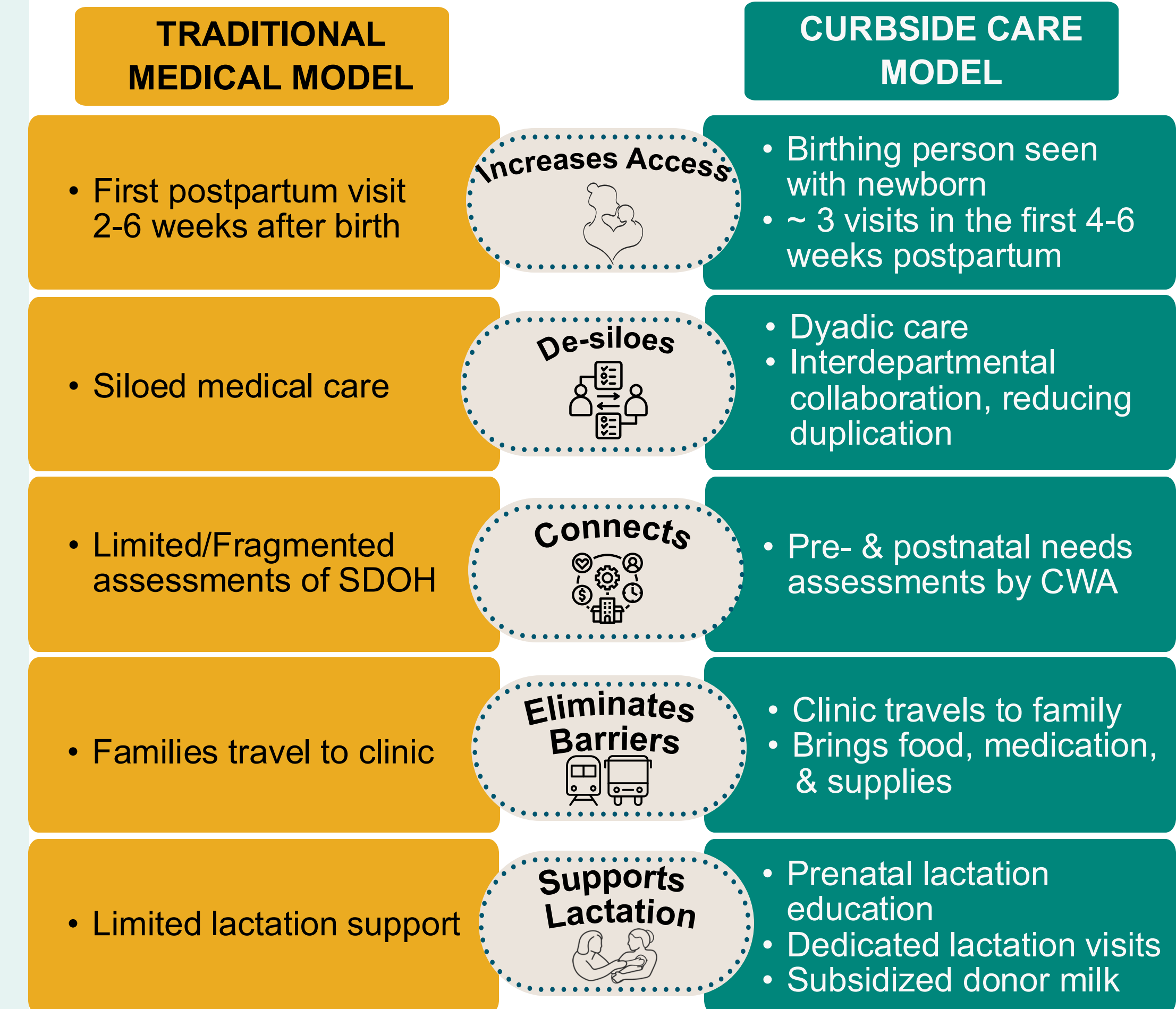
Program History



Services Provided

- Newborn primary care
- Multilayered lactation support
- Postpartum mood disorder screening
- Blood pressure monitoring and treatment
- Provision of contraception, including LARC
- Chronic disease management
- Immunizations & phlebotomy
- Resource connection
- Streamlined coordination with primary care and specialty services
- Referrals to doulas and community groups

How is Curbside Care Innovative?



Partners

Thank you to the Boston Celtics Shamrock Foundation, Point32Health, Brewster Ambulance, Vital Village, Mother's Milk Bank Northeast, Cradles to Crayons, and to our BMC partners: Pediatrics, OBGYN, and Family Medicine Departments, Office of Development, Center for the Urban Child & Healthy Family, Breastfeeding Equity Center, Preventive Food Pantry, Immigrant & Refugee Health Center, Interpreter Services, and Epic team.

Contact Us

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